



Good Vibrations Annual Report & Accounts 2023 - 2024

Registered charity in England and Wales (number 1126493) and in Scotland (number SC048860).
Company registration: 06683343

Welcome

When compiling this report, what struck me most was the determination of all involved in Good Vibrations – from trustees, to staff, facilitators, volunteers and participants. Determination to create change for themselves or for others. Every project delivered was born from hard work, by being agile and by trusting each other. 641 individuals took part in Good Vibrations projects this year – across secure and community settings – a huge achievement!

I was excited to join Good Vibrations in March 2024. I would like to extend huge thanks and gratitude to Jane Gibb. Jane ran Good Vibrations for two years while it was without a permanent CEO. Without Jane stepping up to be interim CEO the charity would not be standing in such good stead. Jane worked enormously hard to bring in funding, build partnerships, and remained loyal to the values of Good Vibrations. I am thrilled that Jane is now Head of Delivery and will continue building and developing programmes and projects.

Behind the scenes the team and Board of Trustees worked together to develop a strong and ambitious three-year strategy that focuses on strengthening partnerships, reaching more participants than ever and diversifying our income streams.

One participant on a prison project in 2023 said “Music makes you feel free.” What a blessing it is to be able to help everyone on our projects feel free by bringing the joy of music to them.



Jenni Parker, CEO
January 2025

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Our vision

To help create a safer, more-empathetic UK, where marginalised people – including those convicted of offences – are valued members of society and are able to forge fulfilling and constructive lives.



Our mission

To inspire and motivate people, often with complex needs, and give them tools to help them realise their potential and build positive futures.



Who we work with

Good Vibrations works with marginalised people across the UK in partnership with prisons, young offender institutions, secure hospitals and community organisations supporting:





Our activities

Bringing people together to work as a team, build friendships, build self-esteem and create beautiful music. Primarily using the Indonesian gamelan, a tuned percussion orchestra made up of gongs, metallophones and drums, it requires no previous experience to play and encourages collaboration and communication.

Gamelan courses in prisons and secure hospitals

These tend to be week-long, intensive courses with a group of about 15 people who learn to play the instruments, improvise, and make music together. On the final day, we host a playthrough for the group to perform what they have created in front of staff and guests.

Loophole music in secure hospitals

Using one-to-one and group music making to support patients during their recovery through weekly sessions with inpatients and community patients. Participants are supported to play acoustic instruments, use music technology, write their own songs, and record music.

Keep in Touch

An individualised support programme for people who have been part of Good Vibrations projects. Support provided includes volunteering opportunities, referring participants to other organisations for specialised support, and creating opportunities for them to share experiences and opinions.



Resonate gamelan projects in the community

We have thriving community projects in Glasgow, Sheffield and Nottingham. Everyone is welcome, particularly people with disabilities and mental health needs and their carers. These include weekly gamelan sessions, where players can develop their musical skills and get to know people in their community. We also run week-long intensive gamelan courses in partnership with local support organisations, mixing different art forms and taking the project out to new places and people.

Effective Facilitation Training

Sharing the Good Vibrations facilitation approach with music practitioners and students.

Our approach

We don't teach, we facilitate. The Good Vibrations approach is about listening, exploring, taking creative risks, and working through difficulties to create something together.

Much of our work uses gamelan because it's communal and invites collaboration. As players fit their parts in, they develop listening and non-verbal communication skills. Gamelan is melodic, not just rhythmic, which provides rich opportunities for musical development.



In a group, most people will not have encountered gamelan before, meaning that they tend not to have prejudices about it. It is levelling, so everyone's contributions are equally important.

As a medium, it is accessible and adaptable. Everyone can succeed at it and be challenged by it.



Our core values

Our approach to our work is based on 12 core values



professionalism

openness

creativity

sustainable
approaches

collaboration

supportive
environments

flexibility

self
responsibility

respecting and
valuing all

evidence based
approaches

practical
approaches

critical reflection

Our Impact

93% Developed music skills

92% Enjoyed learning

90% Improved wellbeing

89% Communication skills

88% Confidence

87% Tolerance

86% Listening skills

86% Resilience

85% Problem solving skills

84% Improved concentration

84% Patience

83% Better relationship with staff

“

It has been the best days of my prison experience. I say this whole heartedly. I want to keep doing music and learning different things.

”

“

I find myself listening more to non-verbal communication in real life!

”

“

I loved every moment on this course, it helped enhance me as a person.

”

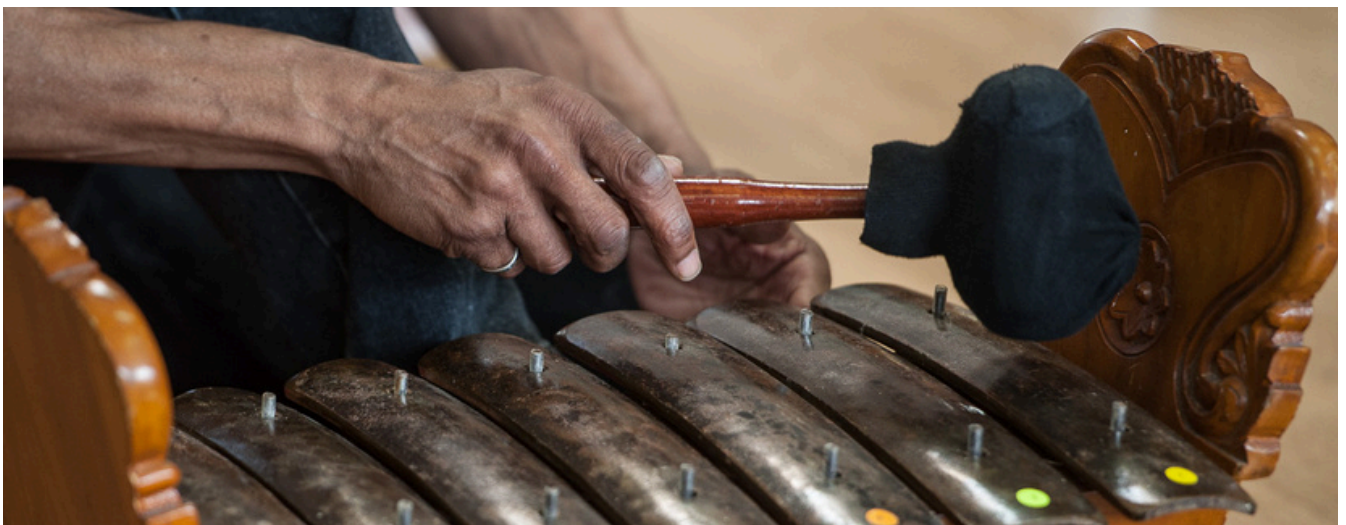


Overview of 2023-24

In this financial year we worked with 641 participants and 18 partner organisations.

We delivered

- We worked with a total of 641 people with 347 people taking part on intensive week-long courses.
- 52 Loophole sessions with 68 adults at Bethlem Royal Hospital and 28 sessions with 79 adults at Lambeth Hospital in London, using music technology and acoustic instruments to support patients in their recovery.
- 28 weekly Resonate gamelan sessions with 40 men and women at Middle Street Resource Centre, Nottingham, developing musical skills and supporting mental health
- 30 weekly Resonate gamelan sessions with 33 men and women with disabilities and mental health needs at Campbell House, Glasgow, with 10 support staff.
- 24 weekly Resonate gamelan sessions in Sheffield with 53 people in the community, supporting their mental health.



Overview of 2023-24

We also delivered

- One week-long gamelan and adapted technology course at the Royal Conservatoire of Scotland in Glasgow with 10 participants and three support staff.
- One week-long gamelan project in partnership with Flower Pod, part of Reach Learning Disability, in Southwell, Nottinghamshire. 32 participants attended the week.
- One week-long gamelan project at Glebe House, a residential home in Cambridgeshire providing specialist care for young men who may be at risk of offending. Six participants attended the course.
- Eight week-long projects in six prisons in England, nine of which were week-long gamelan projects and one was a week-long Loophole course.
- 49 weekly gamelan sessions with 56 residents at the mental health unit at HMP Wormwood Scrubs, London.
- Eight weekly sessions with Family Voice Sheffield, working with 18 women who face multiple barriers to accessing services in the community.
- Six taster sessions with various community organisations in Sheffield, working with a total of 68 participants.



Academic Research

We are committed to continually learning about the impact of our work through independent evaluation, and responding to that. If you want to find out about our research, please look at the [Evidence Library](#).

Artist Care Research

We partnered with the University of Wolverhampton, Royal Northern College of Music, Irene Taylor Trust and Hear Me Out to create and fund an artist care action research programme.

The project aims to better understand how to look after the wellbeing of musicians who work in community and secure settings, and to develop practical models that can support this in the sector.



Inspiring Futures Research

In March 2024, the National Criminal Justice Arts Alliance in collaboration with Cambridge University's Institute of Criminology and eight arts partners, including Good Vibrations, published the findings of our research project Inspiring Futures.

The research investigated the impact and meaning of arts projects in the criminal justice system. The research started in 2020 and included Cambridge University's team observing four intensive Good Vibrations prison projects before and after lockdown.

The Gamelan Room

This year saw some amazing new developments in our Gamelan Room, the digital gamelan we launched in 2022.

We oversaw a complete rebuild of the original design to facilitate new features and improve the existing design.

The most significant development was the ability to download the Gamelan Room. Previously, only a 'light' version had been available. Other developments included:

- New instruments such as gender and gambang
- MIDI compatibility for plug-in devices such as keyboards
- Coloured notes and contrast settings for enhanced accessibility
- Floating note bar
- Playing along with a sequence.

We created comprehensive guidance on our website; how to play gamelan and use the Gamelan Room with supporting clips, videos and audio recordings. Plus, some demo features for future development including:

- Custom layouts
- Remote playing
- Composition tool
- Pitch adjusting

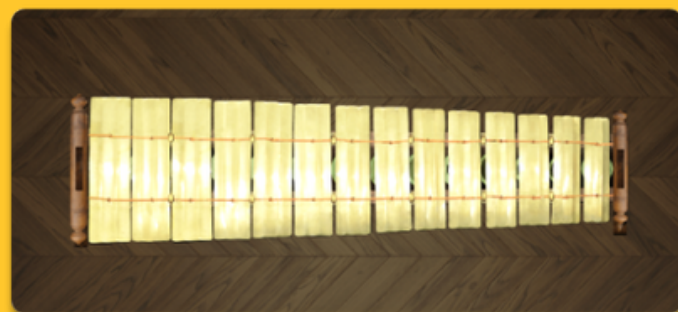
New Features



Sequencer



Coloured notes



The gender



You can find further information and download links by scanning the QR code

Our long-term impact

- We supported 146 past-participants through the Good Vibrations Keep in Touch Programme.
- We supported a former participant through facilitator training, including shadowing sessions in a secure hospital. The experience was transformational, equipping him with skills he has since applied to other areas of his life.
- We ran an Effective Facilitation day at the University of York designed for individuals interested in delivering arts and music sessions in challenging circumstances. Three former participants attended, gaining insight into course delivery and building the confidence to lead workshops themselves.
- We connected a past participant to a community gamelan group. This post-covid success is particularly notable, given the severe reduction in gamelan opportunities since the pandemic.



“

I really hope we can keep in contact as I'm now learning the guitar and even ordered myself a ukulele to play as well. I want to thank you for letting me be part of this and for taking the time to work with me through music. I'm now singing three times a week

”



Thanks to our team

Staff Team

Ella Bleszynska (left January 2024)
Jane Gibb
Daniel Lewis
Malcolm Milner
Jamie Munn
Jenni Parker

Facilitator Team

Jerome Bisgambiglia
Alan Bryden
Emily Crossland
Ceylan Hay
Jason Joomun
Eb Jordan
Nikki Kemp
Kieran Plunkett
Sam Weatherald
Isis Wolf Light

Find out more about them all here:

www.good-vibrations.org.uk/good-vibrations-team

Board of Trustees

Kate Campbell Green
Professor Laura Caulfield (retired January 2024)
Rachel Driscoll
Carolyn Hendry
Jonathan Hollow (retired January 2024)
Hannah Johns
Nicholas Jolliffe
Chloe Roberts (retired January 2024)
Mark Tantum
Catherine Turner (retired January 2024)

Patron

Bill Bailey

Volunteers

Mike K
Steven Milligan
Tony O'Hagan
Tim Blades

Pro bono advisers

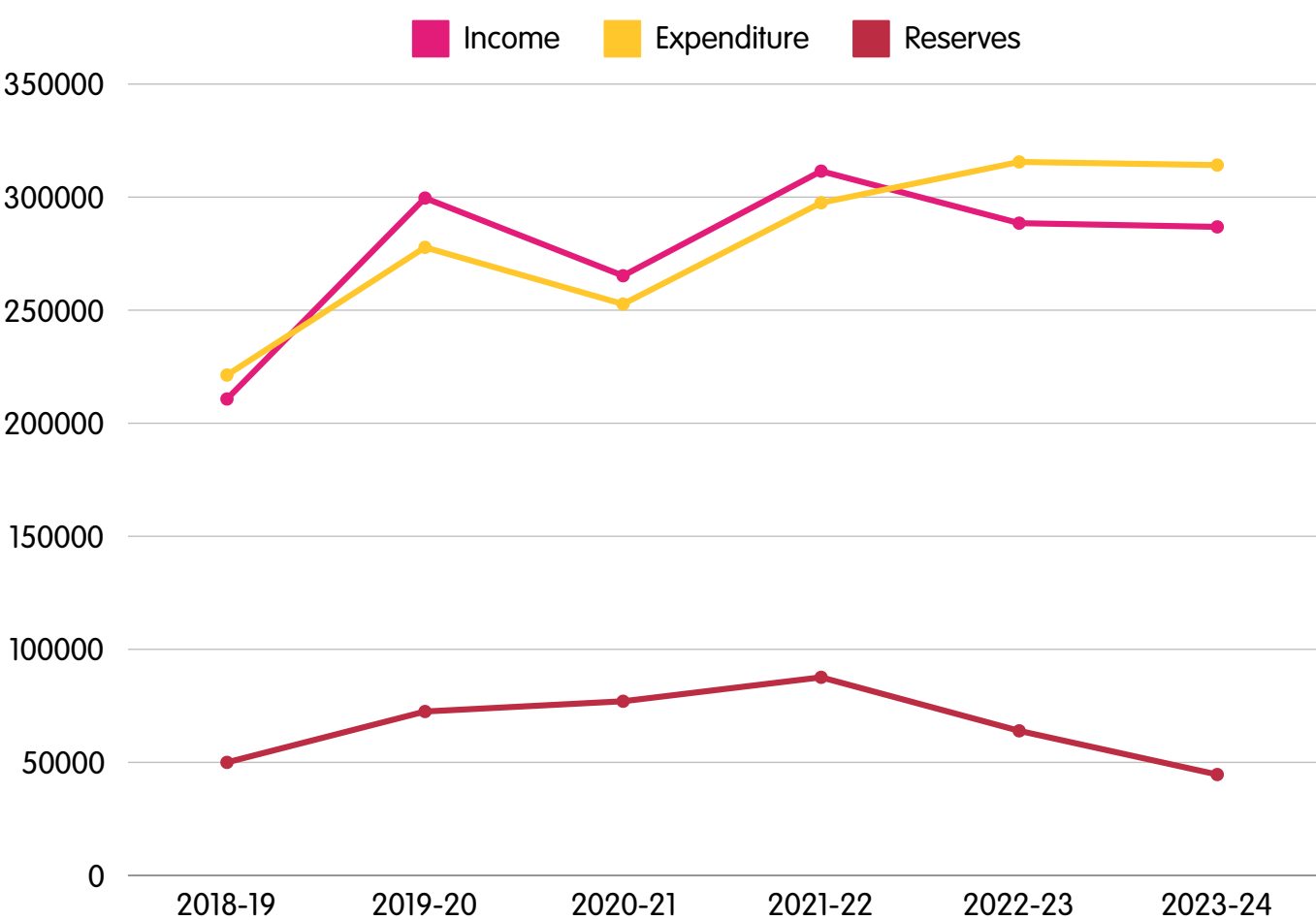
Russel Haynes
Errol MacGlashan
Linda Yates

Financial summary

With the generous help of funders and supporters we remained in a financially strong position. To support these activities, we were successful in maintaining income of £286,847 a small decrease compared to the previous year.

We started the year with strong reserves, and the board made the decision to use some of these reserves to cover project spend, while still allowing the charity to end the year with £44,624 in reserves.

The total expenditure for 2023-2024 was £314,177.



Thanks to our funders

We are so grateful for the continuing support, flexibility and trust from our funders.

Arts Council England

Baring Foundation

Barnet, Enfield and Haringey Mental Health NHS Trust

Bethlem Royal Hospital

Bromley Trust

Children in Need

City Bridge Trust

Creative Scotland

Garfield Weston Foundation

Glasgow Community Mental Health and Wellbeing Fund

Hugh Fraser Foundation

Maudsley Charity

Sheffield Town Trust

The National Lottery Community Fund



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



**The Baring
Foundation**



THE BROMLEY TRUST
HUMAN RIGHTS | PRISON REFORM



ALBA | CHRUTHACHAIL



Thanks to our partners and supporters

Anchor Centre

Bethlem Royal Hospital

Charles Matthews

Common Wheel

Community Lifestyles

Deloitte Academy

Drums for Schools

Embassy of the Republic of Indonesia

Flourishing Lives

Flowerpod

Glebe House

Gamelan Naga Mas

Heather Stroschein

Indepen-dance

John Cunningham

Lloyds of London

Lambeth Hospital

Middle Street Resource Centre

National Criminal Justice Arts Alliance

North West Criminal Justice Network

Reach Learning Disability

Royal Conservatoire of Scotland

Royal Northern College of Music

Sheffield Flourish

The Comedy School

University of Wolverhampton

University of York

We extend our gratitude to the Friends of Good Vibrations for your ongoing support of our work, and to everyone who has donated to Good Vibrations over the last year. You have helped make a real difference to people's lives.

We still need your help

People need the support Good Vibrations can give now more than ever.

To meet that need we need your support

There are many ways you can help. You can:

- Make a donation or become a Friend of Good Vibrations at:
www.good-vibrations.org.uk/support-us-individuals
- Become a corporate partner and work with us to create change and increase impact.
Please get in touch or visit:
www.good-vibrations.org.uk/support-us-corporates
- Offer practical support in kind or join our team of pro bono advisors.
- If you would like to discuss any fundraising or sponsorship ideas, please get in touch.
We would love to hear from you.



Interested to know more?

- Get in touch to find out more
- Sign up to our newsletter
- Organisations – talk to us and let us know what you're doing
- Come along to watch a live performance



07969223600



info@good-vibrations.org.uk



www.good-vibrations.org.uk



FOLLOW US



Registered charity number: 1126493 (England and Wales)/SC048860 (Scotland)
Company registration number: 06683343 (England and Wales)



Charity registration number 1126493 (England and Wales)

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GOOD VIBRATIONS (MUSIC) LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

GOOD VIBRATIONS (MUSIC) LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	H Johns	
	M A H Tantam	
	C Hendry	(Appointed 6 July 2023)
	S Dale	(Appointed 8 September 2024)
	K Campbell-Green	(Appointed 7 March 2024)
Charity number (England and Wales)	1126493	
Charity number (Scotland)	SC048860	
Company number	06683343	
Registered office	The Circle	
	33 Rockingham Lane	
	Sheffield	
	S1 4FW	
Independent examiner	F J Wilde FCCA MBA DChA	
	Warner Wilde	
	4 Marigold Drive	
	Bisley	
	Surrey	
	GU24 9SF	

GOOD VIBRATIONS (MUSIC) LIMITED

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GOOD VIBRATIONS (MUSIC) LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are:

1. The advancement of education and mental health, in particular but not limited to Indonesia performing arts as a tool to promote, improve, and develop communication skills, teamwork, and creative learning in prisons and other institutions;
2. The promotion of Indonesian classical music, dance, singing and shadow puppetry and related art forms.

Achievements and performance

This last year was one of further consolidation for Good Vibrations. The charity continued to consolidate its position and activities in prison, secure hospital and community settings, our operations delivered to 641 people, an increase from 581 in the previous year. We saw major growth in the area of secure hospitals, especially in supporting health and mental health of participants. This includes 52 Loophole sessions with 68 adults and young people at Bethlem Royal Hospital and 28 sessions with 79 adults at Lambeth Hospital in London, using music technology and acoustic instruments to support patients' recovery. Our facilitators ran weekly community Resonate gamelan sessions in Nottingham, Glasgow and Sheffield, which are now all well established.

We supported 146 past participants through the Good Vibrations Keep in Touch Programme. One highlight of this was giving two past participants the opportunity to develop their workshop skills by attending the Effective Facilitation course, safeguarding training and completing documentation to work such as DBS clearance.

To support these activities we were successful in maintaining income at around the £300,000 mark, with a small increase compared to the prior year.

Financial review

Our reserves policy

Trustees' policy is to maintain the fund at a level sufficient to cover 3-6 months of expenditure to allow for time to reorganise in the event of a downturn in income; and to protect work programmes, thus supporting the Charity's objectives. March 2024 saw a decrease in reserves of just over 35% compared to the previous year. Reserves continue to be monitored carefully with an emphasis on building these up during the course of the year.

GOOD VIBRATIONS (MUSIC) LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

(CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Managing risk

Through the risk register, trustees quarterly review risks for the charity, assess their likelihood and potential impact, and then ensure mitigations are in place. The trustees continue to be committed to supporting the organisation, its people and its participants and are fastidious in reviewing and acting upon all organisational and statutory documentation on their roles and responsibilities.

Plans for future periods

The New Year will begin with a focus on reflecting, reviewing and planning for greater sustainability by creating a robust Business Plan which will incorporate the wisdom and experience of everyone within and invested in the success of the organisation. The greatest asset to Good Vibrations is its people, who consistently demonstrate both an unwavering commitment to and unrivalled expertise in creating life-changing opportunities.

Structure, governance and management

Memorandum and Articles of Association

The Trustees are the board of the company and function according to the organisation's governing document, the Memorandum and Articles of Association. We are responsible for decisions relating to strategy and governance of the charity, rather than operational management, which is carried out by the staff team. Trustees have agreed to contribute a sum not exceeding £1 in the extent of the charity winding up. There must be at least three trustees. Trustees are appointed by resolution. At each annual retirement, one-third of the trustees, shall retire from office, but retiring trustees can be reappointed for a second consecutive term, so long as they take a break from office after three consecutive terms (nine years). Trustees' training needs are identified and relevant training provided, and they receive advice from professionals, e.g. on legal and financial matters.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

K Campbell-Green	(Appointed 7 th March 2024)
Professor L Caulfield	(Resigned 12 th February 2024)
J Hollow	(Resigned 12 th February 2024)
H Johns	
N Jolliffe	(Resigned 31 st July 2024)
S Dale	(Appointed 7 th September 2024)
M A H Tantam	
C Turner	(Resigned 12 th February 2024)
C Roberts	(Resigned 12 th February 2024)
R E Driscoll	(Resigned 7 th August 2024)
C Hendry	

Recruitment and appointment of trustees

Key management personnel

The CEO and Head of Delivery are the key management personnel responsible for financial management, with remuneration set by the Board and reviewed annually, in conjunction with the appraisal process and finance policy. In March 2024, we appointed a new CEO, Jenni Parker, who has brought significant, proven experience of working in the charity sector and with HMPS. We also appointed a new Project Officer, Daniel Lewis who has already made a notable positive impact on the organisation, especially in relation to wider engagement and marketing. I'm also pleased to confirm that staff received an inflation-linked pay rise during the year.

GOOD VIBRATIONS (MUSIC) LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

The trustees report was approved by the Board of Trustees.



..Kate.CG.(Dec.21.,2024 14:24 GMT)

K Campbell-Green

Trustee

Date: **21/12/2024**

GOOD VIBRATIONS (MUSIC) LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF GOOD VIBRATIONS (MUSIC) LIMITED

I report to the trustees on my examination of the financial statements of Good Vibrations (Music) Limited (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act), the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Companies Act 2006 (the 2006 Act). You are satisfied that the financial statements of the charity are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 44 (1) (c) of the 2005 Act and section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity is required by company law to prepare its accounts on an accruals basis and is registered as a charity in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act and Regulation 4 of the 2006 Accounts Regulations; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Frances Wilde (Dec 23, 2024 10:54 GMT)

F J Wilde FCCA MBA DChA

Warner Wilde
4 Marigold Drive
Bisley
Surrey
GU24 9SF

Dated: **23/12/2024**

GOOD VIBRATIONS (MUSIC) LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Current financial year		Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
	Notes					
Income from:						
Donations and legacies	3	43,649	-	-	43,649	40,105
Charitable activities	4	55,854	-	185,554	241,408	247,663
Investments	5	1,790	-	-	1,790	731
Total income		101,293	-	185,554	286,847	288,499
Expenditure on:						
Raising funds	6	21,886	-	-	21,886	31,618
Charitable activities	7	102,737	-	189,554	292,291	283,953
Total expenditure		124,623	-	189,554	314,177	315,571
Net expenditure		(23,330)	-	(4,000)	(27,330)	(27,072)
Transfers between funds		4,000	(4,000)	-	-	-
Net movement in funds		(19,330)	(4,000)	(4,000)	(27,330)	(27,072)
Reconciliation of funds:						
Fund balances at 1 April 2023		63,954	4,000	4,000	71,954	99,026
Fund balances at 31 March 2024		44,624	-	-	44,624	71,954

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

GOOD VIBRATIONS (MUSIC) LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Prior financial year		Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes				
Income from:					
Donations and legacies	3	40,105	-	-	40,105
Charitable activities	4	45,404	-	202,259	247,663
Investments	5	731	-	-	731
Total income		86,240	-	202,259	288,499
Expenditure on:					
Raising funds	6	31,618	-	-	31,618
Charitable activities	7	78,291	-	205,662	283,953
Total expenditure		109,909	-	205,662	315,571
Net income and movement in funds		(23,669)	-	(3,403)	(27,072)
Reconciliation of funds:					
Fund balances at 1 April 2022		87,623	4,000	7,403	99,026
Fund balances at 31 March 2023		63,954	4,000	4,000	71,954

GOOD VIBRATIONS (MUSIC) LIMITED

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	12	17,861		13,554	
Cash at bank and in hand		74,530		119,844	
		92,391		133,398	
Creditors: amounts falling due within one year	13	(47,767)		(61,444)	
Net current assets			44,624		71,954
The funds of the charity					
Restricted income funds	17		-		4,000
Unrestricted funds - general	18		44,624		63,954
Unrestricted funds - designated	16		-		4,000
			44,624		71,954


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on **21/12/2024**


[Kate CG. \(Dec 21, 2024 14:24 GMT\)](#)
K Campbell-Green
Trustee

Company registration number 06683343 (England and Wales)

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Good Vibrations (Music) Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is The Circle 33 Rockingham Lane, Sheffield, S1 4FW.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure has been included where a legal or constructive obligation has been identified, this includes any irrecoverable VAT.

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	2,739	2,019
Donated goods and services	40,910	38,086
	<u>43,649</u>	<u>40,105</u>

4 Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Grant funded charitable activities						
Sales within charitable activities	140	-	140	700	-	700
Performance related grants	14,133	185,554	199,687	10,531	202,259	212,790
Course and workshop income						
Sales within charitable activities	41,581	-	41,581	34,173	-	34,173
	<u>55,854</u>	<u>185,554</u>	<u>241,408</u>	<u>45,404</u>	<u>202,259</u>	<u>247,663</u>

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	1,790	731

6 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Other fundraising costs	1,304	11,624
Staff costs	20,582	19,994
	21,886	31,618

7 Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
Direct costs		
Staff costs	116,342	100,167
Project costs	121,130	124,010
Other direct costs	18,895	17,202
Consultancy services and professional fees	17,139	22,331
	273,506	263,710
Share of support and governance costs (see note 8)		
Support	16,006	17,462
Governance	2,779	2,781
	292,291	283,953
Analysis by fund		
Unrestricted funds - general	102,737	78,291
Restricted funds	189,554	205,662
	292,291	283,953

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

8 Support costs allocated to activities

	2024 £	2023 £
	16,006	17,462
Governance costs	2,779	2,781
	<u>18,785</u>	<u>20,243</u>
Analysed between:		
Charitable activities	<u>18,785</u>	<u>20,243</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
CEO, Head of Delivery, Project Officer, Fundraising Manager and Training & Development Manager	<u>5</u>	<u>4</u>

Employment costs

	2024 £	2023 £
Wages and salaries	126,699	111,469
Social security costs	7,359	6,150
Other pension costs	2,866	2,542
	<u>136,924</u>	<u>120,161</u>

Key management personnel is considered to be the CEO and Head of Delivery roles. The total employee benefits of the Charity's key management personnel was £66,595 (2023: 52,023).

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2024 £	2023 £
Aggregate compensation	<u>2</u>	<u>2</u>

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	17,860	1,228
Other debtors	1	12,326
	<u>17,861</u>	<u>13,554</u>

13 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Deferred income	14	43,113	57,623
Trade creditors		1,160	740
Other creditors		694	-
Accruals		2,800	3,081
		<u>47,767</u>	<u>61,444</u>

14 Deferred income

	2024 £	2023 £
Other deferred income	<u>43,113</u>	<u>57,623</u>

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
Deferred income is included within:		
Current liabilities	<u>43,113</u>	<u>57,623</u>
Movements in the year:		
Deferred income at 1 April 2023	57,623	83,221
Released from previous periods	(57,623)	(83,221)
Resources deferred in the year	<u>43,113</u>	<u>57,623</u>
Deferred income at 31 March 2024	<u>43,113</u>	<u>57,623</u>

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

15 Retirement benefit schemes

	2024	2023
Defined contribution schemes	£	£
Charge to profit or loss in respect of defined contribution schemes	2,866	2,542
	<u> </u>	<u> </u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

16 Unrestricted funds - designated

These are unrestricted funds which are material to the charity's activities.

	At 1 April 2023 £	Transfers £	At 31 March 2024 £
Digital Gamelan	2,000	(2,000)	-
Photo Shoot	2,000	(2,000)	-
	<u> </u>	<u> </u>	<u> </u>
	4,000	(4,000)	-
	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2022 £	Transfers £	At 31 March 2023 £
Digital Gamelan	2,000	-	2,000
Photo Shoot	2,000	-	2,000
	<u> </u>	<u> </u>	<u> </u>
	4,000	-	4,000
	<u> </u>	<u> </u>	<u> </u>

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 31 March 2024
	£	£	£	£	£	£	£
Baring Foundation	-	8,100	(8,100)	-	-	-	-
Arts Council England	-	30,000	(30,000)	-	26,250	(26,250)	-
Creative Scotland	-	39,070	(39,070)	-	20,843	(20,843)	-
The Bromley Trust	-	10,000	(10,000)	-	10,000	(10,000)	-
Maudsley Charity	-	12,500	(12,500)	-	7,500	(7,500)	-
Henry Smith	-	20,000	(20,000)	-	22,500	(22,500)	-
The Hugh Fraser Foundation	181	-	(181)	-	5,000	(5,000)	-
Anonymous donation - Participant Progression and Support Fund	4,000	-	-	4,000	-	(4,000)	-
Boots Foundation	-	3,103	(3,103)	-	-	-	-
BBC Children in Need	-	2,754	(2,754)	-	4,530	(4,530)	-
National Lottery Fund	3,222	-	(3,222)	-	14,553	(14,553)	-
City of London	-	-	-	-	12,075	(12,075)	-
Glasgow Health & Wellbeing fund	-	-	-	-	10,000	(10,000)	-
The Robertson Trust	-	6,667	(6,667)	-	-	-	-
National Lottery Fund - Scotland	-	14,147	(14,147)	-	13,553	(13,553)	-
National Lottery Fund - Keluarga	-	37,229	(37,229)	-	36,000	(36,000)	-
City of London	-	8,763	(8,763)	-	-	-	-
Sheffield Town Trust	-	750	(750)	-	2,750	(2,750)	-
Glasgow Health and Wellbeing Fund	-	9,176	(9,176)	-	-	-	-
	<u>7,403</u>	<u>202,259</u>	<u>(205,662)</u>	<u>4,000</u>	<u>185,554</u>	<u>(176,001)</u>	<u>-</u>

GOOD VIBRATIONS (MUSIC) LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

18 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
General funds	63,954	101,293	(124,623)	4,000	44,624
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
General funds	87,623	86,240	(109,909)	-	63,954

Digital gamelan - this fund is set aside for the digital gamelan project

Photo shoot - this fund is for a planned photo shoot

19 Analysis of net assets between funds

	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:				
Current assets/(liabilities)	44,624	-	-	44,624
	44,624	-	-	44,624
	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:				
Current assets/(liabilities)	63,954	4,000	4,000	71,954
	63,954	4,000	4,000	71,954

20 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).